



for Your Child's Safety

Patient's name: _____ Age: _____ Weight: _____ Height: _____

Always refer to the safety seat manufacturer's instructions for each step



Is your child

- Less than 20 pounds?
- Under one year old?
- Over one year old and between 21 to 30-35 pounds? *A rear-facing child restraint is strongly recommended by the American Academy of Pediatrics

If so, an infant-only or rear-facing convertible seat will best protect your child's neck and spine.
Remember to **NEVER** place a rear-facing seat in front of an air bag.



Is your child

- Older than one year and heavier than the maximum rear-facing harness limit?

If so, then a forward-facing convertible or combination seat is your child's best protection.
Keep child in a seat with a harness to the maximum weight allowed by the child restraint instructions.



Is your child

- Above the maximum height or weight limit of the forward facing seat?
- Unable to pass the 5-Step Test for a correct seat belt fit?

If so, then a belt positioning booster seat is your child's best protection.
A lap and shoulder belt must be used with a belt positioning booster seat.

* If your child is younger than 4 years old and weighs more than 40 pounds, or if your vehicle has only lap belts in the back seat, please call Maryland Kids In Safety Seats at 800-370-SEAT for child restraint suggestions.



Is your child

- Able to pass the 5-Step Test to correctly fit into the adult seat belt?

If so, then your child is ready for a lap and shoulder belt.
Remember to do the 5-Step Test in every vehicle in which the child is transported.

Refill:

Make sure that every-one in your vehicle is buckled right on every ride!

Keep Children in the back seat until they are 15 years old!

For more information, please call Maryland Kids In Safety Seats at 1-800-370-SEAT or visit www.mdkiss.org.
The Maryland State Highway Administration at 410-787-4077, or the Maryland SAFE KIDS Coalition 410-706-1758.

Maryland State Highway Administration, Maryland SAFE KIDS Coalition, Maryland Institute for Emergency Medical Services Systems, Maryland Kids In Safety Seats, American Academy of Pediatrics – Maryland Chapter

8/2008

Boosters Are For Big Kids

Most kids need to ride in a booster seat from about age 4 until at least age 8 - 10.

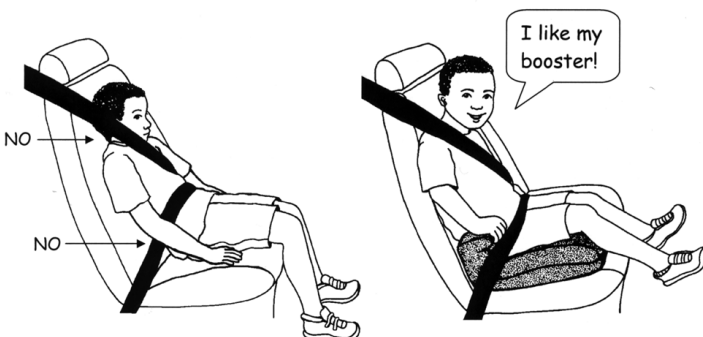
If your child isn't using a booster, try the simple test below the next time you ride together in the car. You'll probably find that your child is not yet ready to use a safety belt without a booster.

The 5-Step Test

1. Does the child sit all the way back against the auto seat?
2. Do the child's knees bend comfortably at the edge of the auto seat?
3. Does the belt cross the shoulder between the neck and arm?
4. Is the lap belt as low as possible, touching the thighs?
5. Can the child stay seated like this for the whole trip?

If you answered "no" to any of these questions, your child needs a booster seat to make both the shoulder belt and the lap belt fit right for the best crash protection. Your child will be more comfortable, too!

The backseat is the safest part of the car for all passengers. Recent research shows that children should ride in the back seat until they reach age 15.



SafetyBeltSafe U.S.A. P.O. Box 553, Altadena, CA 91003 www.carseat.org
310/222-6860, 800/745-SAFE (English) 310/222-6862, 800/747-SANO (Spanish)