



Emergency Medical Services for Children

Maryland Institute for Emergency Medical Services Systems



Bike Safety Resource Update: 2021-2022

	<p>MHSO Bike Helmet Safety Grant This project is funded by MHSO to distribute bike safety educational information and bike helmets for all ages through Safe Kids Coalitions & Community Partners.</p>
	<p>An indoor-outdoor instructional tool was created in spring 2020 with the "Right Fit" directions on a large magnet that can be placed in key locations at home, school, and community locations. These magnets are to be distributed with helmets as a "just in time" reminder.</p>
	<p>"Helmet Fit Test" instructional posters are available for download on the MIEMSS webpage – http://www.miemss.org/home/bike-safety-project. Educational banners (6 feet) for indoor use have been distributed to 8 Safe Kids locations across Maryland. One outdoor displays that may be borrowed for events from Safe Kids Maryland. To request copies of the poster email: bikesafety@miemss.org.</p>
	<p>"Be Seen Be Safe" posters are available for download on the MIEMSS webpage – http://www.miemss.org/home/bike-safety-project. EMSC has both indoor and outdoor displays that can be borrowed for events. To request copies of the poster email: bikesafety@miemss.org.</p>
	<p>NOTE: Two-sided Card – with "Safe Riding Rules of the Road Checklist" "The Helmet Fit Test Checklist" double-sided laminated card is available in quantities to be used when doing a fit test and distributing helmets. Heavy card stock is intended for children, youth and families to use before each ride.</p>
	<p>NOTE: Two-sided Card – with "The Helmet Fit Test Checklist" "Safe Riding Rules of the Road Checklist" double-sided laminated card is available in quantities to be used when doing a fit test and distributing helmets. Heavy card stock is intended for children, youth and families to use before each ride. To request copies of the card email: bikesafety@miemss.org.</p>

For more information contact the project @ bikesafety@miemss.org

Or call the Maryland EMS for Children office at 410-706-1758

Website: www.miemss.org look under departments, Click on EMS for Children 11/2021



Emergency Medical Services for Children

Maryland Institute for Emergency Medical Services Systems



The project works with 15 different coalitions & community partners to distribute over 3500 bike helmets across Maryland. Some are distributed in hospital EDs after a crash, some are distributed at health & safety events, some are distributed during a 'drive through' COVID-19 safe health safety event, and some are distributed in the community when a child is found without a bike helmet.



900 Bike Helmets are again funded for the FY2022 year starting in July 2021 (child, youth and adult sizes). The commitment is that in-person and written instructions be provided with each helmet. A NEW laminated checklist is available for distribution (see front of this handout). Fitting and instruction take approximately in 5 minutes.



NEW: The Bike Safety project has a six foot tabletop display kit that includes Bike Helmet Fit, Be Seen and Be Safe and Brain Functions metal signs and educational handouts. These kits are located with 15 Safe Kids Coalitions and Community Partners as well as participating trauma centers. There are a few more available for those involved in bike safety community education.

For more information contact the project @ bikesafety@miemss.org

Or call the Maryland EMS for Children office at 410-706-1758

Website: www.miemss.org look under departments, Click on EMS for Children 11/2021