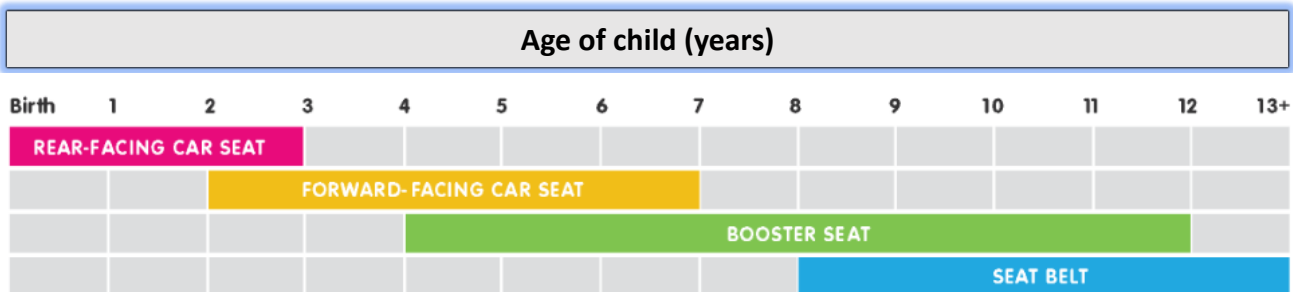


Car seats, booster seats, and seat belts keep children safe in the car



Rear-Facing Car Seat must be used under age 2. Use a carry-type or a convertible seat until baby's head is one inch below back of seat. Don't turn convertible seat forward until baby meets weight & height limits listed for rear-facing car seat use.



Forward-Facing Car Seat with a harness is used when the rear-facing seat limits for age, height or weight are reached. Use this seat until child is 6 or 7 years old or reaches the seat's limits. Also, use the tether strap on car seat to secure top of seat to car.



Booster: Use a booster with the car's seat belt once your child has outgrown the harnessed seat. Use this until age 8 or until your child fits the seat belt properly. For most kids, this is about age 10 and 4 foot 9 inches tall.



Seat Belt: Use the car's lap and shoulder parts of the seat belt for every ride. Proper fit is sitting all the way back with knees bent at edge of cushion, lap belt across upper thighs not on the stomach, and shoulder belt across chest and collarbone.

Maryland requires children under 8 years old to ride in a car seat unless the child is 4 feet, 9 inches or taller. Every child ages 8 - 16 years old not in a car seat must use a seat belt. Children under age 2 must ride in a rear-facing car seat until they reach the seat's height/weight limit.

For help with getting or using a car seat with your child and your car:

Maryland Kids in Safety Seats

MD Department of Health

Call: 443-842-0508

Email: mdh.kiss@Maryland.gov

Contact online: www.mdkiss.org



Online videos to teach use of car seats:

<https://www.nhtsa.gov/equipment/car-seats-and-booster-seats>

