# Car seats save lives in cars, but what about outside the car?

### **KNOW THE FACTS**



### More than 900 U.S. children have died due to heatstroke since 1998.

More than 1/2 of these deaths were due to children mistakenly left in a vehicle; 1/4 were kids who got into a car and couldn't get out.



Infant falls from carrier seats are common;

1/3 of these cases need emergency care

at the hospital for a head injury.

Most of these children are not harnessed in their seat.



## <u>60% of infant deaths</u> happening in sitting devices occur in car seats.

These Sudden Unexplained Infant Deaths (or "SIDS") were mostly due to strangulation from improperly used car seat straps or from when poor positioning blocked the infant's airyways.

#### THE DO'S AND DON'TS OF CAR SEAT USE

### Car Seats and Child Safety in and Around Vehicles

- · Lock your empty car's door to keep curious children out; put keys away.
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- Dress your child in light clothes for sitting in the car seat, then layer warm items on top of the snug and buckled harness.
- Have an adult buckled up in the back seat watching the baby in case of breathing problems on the first few rides.
- Follow the car seat's instructions on its use for direction, harnessing and installation.



- · Never leave your child alone in the car.
- Never unbuckle or loosen the harness when your child is using the car seat.

### Car Seats Carried and Used out of Vehicles



- Always harness the child properly and fully whenever you use the car seat.
- Make sure that infants cannot turn their face into soft padding, or slump forward in any seating device.
- Place car seats in the cargo area of shopping carts or carry them to avoid tip-overs.



- Don't use your car seat as a crib. Start safe sleep habits in a regular crib or approved portable crib.
- Don't add any toys, blankets or pillows unless they came with the car seat and are used properly.
- Don't rest the car seat with the baby seated in it on a car hood, table or other high or unstable location.





