Car Seat and Seatbelt Ages & Stages for Children

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Use a seat belt for every ride. Proper seat belt fit means when sitting all the way back on the car cushion, the knees can bend at the edge of the seat, and the lap belt crosses the upper thighs, not on the stomach. The shoulder belt lies across the collar bone and chest, not across the neck or face.



Use a belt-positioning booster (high-backed or backless) until your child is **older than** 8 years AND fits the seat belt properly; for most kids this is around age 10 and 4'9" height.



Use a forward-facing, harnessed car seat after your child meets rear-facing limits. Continue its use until your child reaches the top height or weight limit of the seat.



Babies and toddlers: use a rear-facing convertible car seat until your child reaches rear-facing height or weight limits for the seat. THEN turn forward-facing.



Birth through age 1: MUST BE REAR-FACING. Use an infant carrier-style car seat OR a rear-facing convertible seat that meets your child's age, height and weight.









