



Bike Safety Resource Update: Summer 2022



MHSO Bike Helmet Safety Grant

The project is funded by MHSO to distribute bike safety educational information and bike helmets for all ages through Safe Kids Coalitions & community partners. Over the past five years, the project partnered with 18 different coalitions & partners to distribute over 4100 bike helmets across Maryland. Some are distributed in hospital EDs after a crash, some are distributed during a 'drive through' COVID-19 safe health safety event, and some are distributed in the community when a child is found without a bike helmet.



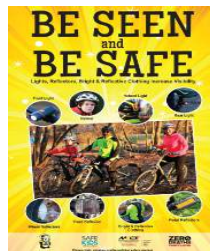
An indoor-outdoor instructional tool was created in spring 2020 with the "Right Fit" directions on a large magnet that can be placed in key locations at home, school, and community locations. These magnets are to be distributed with each helmet as a reminder.

Three bike safety posters are available for download on the project webpage:

<http://www.miemss.org/home/bike-safety-project>.

- "Helmet Fit Test"
- "Be Seen Be Safe"
- "Protect Your Brain"

To request copies of the poster email: bikesafety@miemss.org.



"The Helmet Fit Test Checklist" double-sided laminated card is available in quantities to be used when doing a fit test when distributing helmets. Heavy card stock intended to be distributed to clients.

To request copies of the card email: bikesafety@miemss.org.



Complete table top displays including Bike Helmet Fit, Be Seen and Be Safe and Brain Functions signs have been provided to 17 Safe Kids Coalitions and community partners, participating trauma centers, and there are a few more available for those involved in bike safety community education.