

Ready For Baby?

How to prepare for a safe ride before delivery day:

3 Months* Before:

Purchase a new car seat!
Budgeting is very important; plan to spend at least \$50-60 on your new seat. A Car Seat Assistance Program may be available in your area, call KISS for more information!



2 Months* Before:

Find your nearest car seat check event at www.mdkiss.org or call the KISS helpline at 800-370-SEAT. A certified technician at the event will teach you how to install and use your car seat correctly!

Don't wait until the last minute to prepare for my safe ride!

*For a high risk or multiple birth pregnancy, plan 1 month earlier

Maryland Kids In Safety Seats (KISS)

Helpline: 800-370-SEAT

Email: dhmh.kiss@maryland.gov

Website: www.mdkiss.org

