

## Maryland EMS Awards...

### ■ RICHARD LICHENSTEIN, MD | *THE MARYLAND EMS FOR CHILDREN AWARD*



▲ Pictured from left: Dr. Jennifer Anders, Associate State EMS Medical Director for Pediatrics; Dr. Richard Lichenstein; Cynthia Wright-Johnson, Maryland EMS for Children Program Director; and Dr. Ted Delbridge.

**THE MARYLAND EMS FOR CHILDREN AWARD** is given for an adult or program that has demonstrated ongoing dedication and commitment to improving the care for children and for promoting family-centered care in a Maryland EMS program or hospital. This year's award recipient is **Richard Lichenstein, MD**.

Dr. Lichenstein is a passionate advocate and champion for the care of children in Maryland. Dr. Lichenstein's exemplary leadership and contributions are evident in his work not only in the Pediatric Emergency Department at the University of Maryland and at MIEMSS, but several statewide committees focused on injury prevention and quality of care for pediatric patients in the pre-hospital setting. He is a past president of the Maryland Chapter of the American Academy of Pediatrics (AAP) and remains chair of numerous committees for the chapter. He currently serves as the Chair of the State Child Fatality Team and has been an integral member of the multidisciplinary team for many years. Dr. Lichenstein is on the board of the interagency Partnership for a Safer Maryland and has served on the national AAP Council on Injury Violence and Poison Prevention. He helped to develop a Safe Teen Driving

Program in conjunction with Howard County Public Schools and continues to facilitate their countywide teen safe driver task force.

Dr. Lichenstein also has been a visible advocate for "safe sleeping" for babies in our state with his participation in the widely published Safe Sleep Videos. He participated in the initial development of computer based Pediatric Advanced Life Support (PALS) training for residents at the University of Maryland, served as a medical director for the EMS Pediatric Education for Prehospital Professionals (PEPP) Courses since 2000, and faculty for the physician APLS courses since 2014. He has taught pediatric emergency care in every EMS region in Maryland over the past two decades and often speaks at physician and nursing conferences.

Dr. Lichenstein has published his research on pedestrian injuries related to use of headphones, technology use in prevention education, pediatric emergency care, and co-authored with AAP, Pediatric Emergency Care Applied Research Network (PECARN). Dr. Richard Lichenstein continues to make outstanding contributions to the care of children in Maryland. ■

## The Right Care When It Counts Awards

**FOR 17 YEARS**, the Maryland EMS for Children Program has recognized children and youth from across Maryland who have learned about prevention and how to act when they see someone in need of help. This year, four young heroes received Right Care When It Counts awards for bravely taking action to help someone in need.

### ■ PHOEBE PRESTON



**DESPITE BEING BITTEN** during a dog attack, 12-year-old Queen Anne's County resident **Phoebe Preston** remained calm and contacted 9-1-1. Phoebe provided the dispatcher with all of the required information and listened to their instructions, remaining on the phone until the EMS clinicians arrived. Both the Emergency Medicine Dispatcher and the EMS team that provided care and transport for Phoebe were very impressed with her composure, ensuring that she received the emergency care she needed. Phoebe received her award for "making the right call" to 9-1-1 and for remaining calm and in control. ■

◀ Pictured from left: Dr. Jennifer Anders; Phoebe Preston; Cynthia Wright-Johnson; and Dr. Ted Delbridge.

### ■ BRYCEN RITCHIE

**ON FEBRUARY 27, 2019**, 13-year-old **Brycen Ritchie** was eating lunch with some of his band friends in the cafeteria of Fort Hill High School in Cumberland, Maryland, in Allegany County. Brycen and his friends had been practicing for the next evening's All-County Honor Band Concert. They had almost finished eating when Brycen noticed that his friend seated across from him began choking, turning colors, and gasping for air. Recognizing what was happening; Brycen stood up, walked around the table, and performed an abdominal thrust on his friend. His quick action forced the airway obstruction – a Fruit Roll-Up® - from his friend's mouth. Brycen is a Junior Firefighter at Goodwill Volunteer Fire Company in Allegany County. Thanks to a CPR class he had taken at Goodwill, two years earlier, Brycen was able to save his friend by applying this lifesaving technique. ■



▲ Pictured from left: Dr. Jennifer Anders; Jennifer Ritchie; Brycen Ritchie; Liam, his friend; Chief Bobby Ritchie; Dr. Ted Delbridge; and Cynthia Wright-Johnson.

## The Right Care When It Counts Awards

### ■ SETH TAYMAN

#### SALISBURY FIRE DEPARTMENT CADET

**Seth Tayman** had been riding on calls with Salisbury Fire Department when they were called to respond for a heroin overdose. The experience of witnessing the effects of Narcan® firsthand convinced 16-year-old Seth of how more widespread training in the use of Narcan® could benefit his community. When Seth expressed interest in creating a program for educating faculty at Parkside High School, where he is enrolled in the health occupations program in the school's career and vocational technical program, in the use of Narcan®, his teacher encouraged him to take the initiative.

Seth's subsequent research into existing public access Narcan® education programs led him to Peninsula Regional Medical Center Pharmacist Dr. Patrick Dougherty and Jessica Taylor of the Wicomico County Health Department. Seth further honed his plan by enrolling in a Narcan® training himself. Ultimately, through the assistance of Dougherty and Taylor, as well as that of Parkside High School's



▲ Pictured from left: Dr. Jennifer Anders; Seth Tayman; Cynthia Wright-Johnson; and Dr. Ted Delbridge.

Wicomico Goes Purple advisors Danielle Amey and Allison Zaczkwicz, the school designated January 21, 2020, a professional development day for teachers, with 17 teachers attending the debut Narcan® staff training.

"It was an amazing experience," Seth said of the fruits of his efforts. "I really appreciate how willing all of these

amazing people were to help me get this set up. But it's just the beginning – I intend on trying to reach more teachers in the area and getting them trained within the next few months." Seth received his award for taking the initiative to develop this training program to ensure teachers are prepared to provide the Right Care When It Counts. ■

### ■ CAROLINE HAZUDA



▲ Pictured from left: Scott Haas, Director, Queen Anne's County Department of Emergency Services; Kevin Brenner of Keep the Beat CPR; Dr. Jennifer Anders; Caroline Hazuda; Lori Morris, Assistant Chief Special Operations, Queen Anne's County Department of Emergency Services; Dr. Joseph Ciotola, Queen Anne's County Health Officer and Department of Emergency Services Medical Director; Dr. Ted Delbridge; and Cynthia Wright-Johnson.

**CAROLINE HAZUDA** literally holds a special place in the hearts of the residents of Centreville, Maryland, thanks to her fundraising efforts. During her senior year in high school, Caroline pursued her Girl Scout Gold Award, the highest rank in Girl Scouting. She raised funds to purchase and install two automated external defibrillator (AEDs). This project was called "The Centreville Heartbeat Initiative" and the locations were selected based upon their seven-day-a-week programming with participants of all ages. On March 17, 2019, Caroline presented Queen Anne's County with the two AEDs that were placed at White Marsh Park and St. Paul's Church. The Gold Award service project also requires an educational component so Caroline organized a Friends and Family CPR workshop for both locations. Through Caroline's fund raising efforts and CPR workshop, Centreville is now better prepared in case of a cardiac emergency. ■