

# Emergency Medical Technician (EMT)

## Maryland Certification — Quick Reference

### Getting Certified

- Must be at least 16 years old (ages 16–17 need written parental consent).
- Complete a MIEMSS-approved EMT course and internship.
- Pass the MIEMSS Psychomotor exam and the NREMT cognitive exam.
- Submit your NREMT active status registration to MIEMSS.
- Be affiliated with a MD EMS operational program.

### How Long It's Valid

- Certified Feb 1 – Jul 31 → expires July 31, three years out.
  - Certified Aug 1 – Jan 31 → expires January 31, three years out.
- Your certificate is valid for 3 to 3½ years depending on when you certified.*

### Renewing

#### Everyone must complete these before expiration:

- Maintain affiliation with a MD EMS operational program.
- Complete the 3 most recent Annual BLS Protocol Updates.

#### Then choose one pathway:

- Option 1 — NREMT: Maintain current active NREMT registration (EMT or higher). Submit application to MIEMSS. Done.
- Option 2 — Non-Registry: **24 hours of CE total**, including:
  - Airway, Ventilation & Respiratory — 3 hrs
  - Cardiovascular — 3 hrs
  - Trauma & Burns — 3 hrs
  - Medical — 2 hrs
  - Pediatrics — 2 hrs
  - OB/GYN — 1 hr
  - Toxicology/Environmental — 1 hr
  - Technical Skills / Proficiency Verification — 1 to 9 hrs
  - Remaining hours — flexible content

*Submit renewal at least 2 weeks before expiration. Extensions of up to 6 months available upon written request before expiration.*

## Reciprocity (Out-of- State)

- Submit a completed application to MIEMSS.
- Provide proof of current out-of-state EMT/AEMT/paramedic certification OR active NREMT registration at EMT level or higher.
- Must be at least 16 years old.
- Must be affiliated with a MD BLS EMS operational program.
- Complete the BLS protocol orientation.
- Complete a MIEMSS-approved technical proficiency verification.

### **Reciprocal certificate expiration:**

- Issued Feb 1 – Jul 31 → expires July 31 of the following year.
- Issued Aug 1 – Jan 31 → expires January 31 of the following year.

## Reinstatement (Lapsed Certification)

- You can reinstate within 3 years of your expiration date.
- If you hold current active NREMT registration (EMT or higher), you can reinstate at any time — no 3-year limit.
- Complete all current renewal requirements.
- Be affiliated with a MD EMS operational program.
- Complete a MIEMSS-approved EMS protocol orientation.

### **New expiration date after reinstatement:**

- If your original expiration date hasn't passed yet — you keep that date.
- If it has passed — you receive a new certificate dated as an initial certification.