

State of Maryland

Maryland Institute for Emergency Medical Services Systems

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To: Mobile Integrated Health Programs

From: Timothy Chizmar, MD

State EMS Medical Director

Date: November 16, 2021

Re: Mobile Integrated Health: COVID-19 Monoclonal Antibody Protocol

At its November meeting, the EMS Board approved the Monoclonal Antibody for COVID-19 optional protocol for Mobile Integrated Health (MIH) programs.

This protocol enables MIH programs, when partnered with hospitals or health departments, to administer monoclonal antibody infusions for treatment of COVID-19 infection or post-exposure prophylaxis. For patients with limited mobility or other barriers to receiving monoclonal antibodies, this can offer treatment in a home setting.

Please see the attached protocol and contact the MIEMSS Office of the Medical Director (<a href="mailto:chyzer@miemss.org">chyzer@miemss.org</a>) if your MIH program is interested in implementing this protocol.

#### Attachments:

Mobile Integrated Health – COVID-19 Monoclonal Antibody Protocol

# Mobile Integrated Health – COVID-19 Monoclonal Antibody Administration

#### Indications

- Treatment of COVID-19 Infection: Patients 12 years of age or older and weighing at least 40 kg, who meet <u>all</u> of the following criteria:
  - COVID-19 positive
  - Mild-moderate symptoms, not requiring hospitalization
  - Within 10 days of symptom onset
  - No supplemental oxygen requirement (or no increase in chronic home oxygen therapy)
  - At high risk for progression to severe disease or death as evidenced by <u>one</u> of the following:
    - ♦ Age 65 years or older
    - ◆ Obesity or overweight (BMI greater than or equal to 25)
    - ◆ Diabetes
    - ◆ Cardiovascular disease, including hypertension
    - ◆ Chronic lung disease (e.g., COPD, asthma)
    - ◆ Chronic kidney disease
    - ◆ Immunocompromising condition or immunosuppressant medication
    - ◆ Sickle cell disease
    - ♦ Pregnancy
- COVID-19 Post-Exposure Prophylaxis: Patients 12 years of age or older and weighing at least 40 kg, who:
  - Are not fully vaccinated or who are immunocompromised, and
  - Have been exposed to a COVID-19 positive person via close contact (within 6 feet for 15 minutes or more, direct physical contact)

## ALS

- Obtain vital signs prior to administering monoclonal antibodies
- Intravenous infusion (preferred)
  - Establish intravenous access
  - Prepare the one of the following infusions by diluting monoclonal antibodies in appropriate volume of normal saline, per manufacturer package insert or FDA EUA instructions:
    - ◆ Bamlanivimab 700 mg / etesevimab 1,400 mg
    - ◆ Casirivimab 600 mg / indevimab 600 mg
    - ◆ Sotrovimab 500 mg (treatment of active infection only)
  - Infuse monoclonal antibodies with an infusion pump, appropriate filter, and infusion set using the rate recommended by package insert. Do <u>not</u> administer as IV push or bolus.
  - Monitor patient during the infusion for any sign of allergic reaction or hypersensitivity.
    - ♦ If any adverse or allergic reaction occurs, stop the infusion immediately and treat per *Allergic Reaction* or *Anaphylaxis* protocols.
  - After infusion is complete, flush the line to ensure delivery of all of the medication.
  - Monitor the patient for adverse effects and obtain vital signs every 15 minutes, for 60 minutes after completion of the infusion.
- Subcutaneous administration (casirivimab/indevimab only, if IV unavailable)
  - Prepare two syringes of casirivimab and two syringes of indevimab, per package insert
  - Administer four subcutaneous injections, each at a different injection site, into the proximal thighs and back of the proximal arms, per package insert.
  - Do not administer into skin that is tender, bruised, scarred, or damaged.



# **Mobile Integrated Health – COVID-19 Monoclonal Antibody Administration**

**ALS** 



- Monitor the patient for adverse effects and obtain vital signs every 15 minutes, for 60 minutes after medication administration.
- If any adverse or allergic reaction occurs, treat per Allergic Reaction or Anaphylaxis protocols.

### **Clinical Pearls**

- Ensure storage, handling, and preparation per FDA and manufacturer recommendations:
  - Bamlanivimab/etesevimab: https://www.fda.gov/media/145802/download
  - Casirivimab/imdevimab: https://www.fda.gov/media/145611/download
  - Sotrovimab: https://www.fda.gov/media/149534/download
- Report any serious adverse events (www.fda.gov/medwatch/report.htm).

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