To: EMS Clinicians  
Highest Jurisdictional Officials  
Commercial Ambulance Services  
Medical Directors

From: Timothy Chizmar, MD, FACEP  
State EMS Medical Director

Date: April 8, 2020

RE: Personal Protective Equipment (PPE) for EMS Calls during COVID-19 – UPDATE

Given the high prevalence and widespread transmission of COVID-19 in the State of Maryland, MIEMSS is recommending the following minimum PPE be used by EMS clinicians:

- **All EMS calls for service:** gloves, eye protection, surgical mask (simple facemask)
- **Suspected PUI patients:** gloves, eye protection, gown, surgical mask
- **Any patients receiving respiratory procedures:** (e.g. oxygen administration, suctioning, CPAP/BiPAP, BVM, etc.): gloves, eye protection, gown, N95 mask

In addition to PPE worn by EMS clinicians, all patients transported by EMS should wear a surgical mask.

With regards to the CDC’s recommended use of cloth face covering in public settings (e.g. fire stations) where other social distancing measures are difficult to maintain, it is important to note that these cloth face coverings (personal masks) should not be worn for EMS calls.