



State of Maryland

**Maryland
Institute for
Emergency Medical
Services Systems**

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To: EMS Board

From: Timothy P. Chizmar, MD, FACEP
State EMS Medical Director

Date: October 6, 2020

Re: Procare / Kaiser MIH Pilot Program

Procare seeks to collaborate with Kaiser Permanente Mid-Atlantic and Luminis Health to provide mobile integrated health (MIH) services for recently discharged patients. As part of this effort, they have applied to utilize the Mobile Integrated Community Health Program optional protocol in the *Maryland Medical Protocols for Emergency Medical Services*. Procare will employ a telemedicine link to a Kaiser physician who has completed Maryland EMS Base Station training for all MIH home visits.

Given the specific patient population and timing of their home visits, Procare has additionally proposes the following supplements to the MIH protocol on a pilot basis:

- Addition of point-of-care lab testing (chemistry, urine dipstick; CLIA-waived)
- Addition of medications
 - Captopril (PO)
 - Furosemide (PO)
 - Ibuprofen (PO)
 - Magnesium Oxide (PO)
 - Normal saline (IV solution)
 - Potassium Chloride (PO)
 - Prednisone (PO)
- Addition of IV antibiotics
 - Cefazolin
 - Ceftriaxone
 - Doxycycline
 - Piperacillin-Tazobactam
 - Vancomycin
- Additional assessment procedures
 - CPAP/BiPAP/Sleep Apnea Oxygen Saturation Checks
 - Urinary Complaints
 - Elevated Blood Pressure (Asymptomatic Hypertension)
 - Skin Complaints (Wound Care, Skin Rash, Post-surgical wound care)

This pilot program will be re-evaluated on a monthly basis for the first year and then quarterly during the second year. Dr. Kraig Melville, Procare's medical director, has reviewed all of the supplementary procedures through an iterative process with Dr. Chizmar, State EMS Medical Director. The pilot has the ability to demonstrate the utility of additional medications and procedures that may be helpful to all MIH programs in Maryland.