



To: All Maryland EMS Clinicians

From: Timothy Chizmar, MD, FACEP
State EMS Medical Director

Meg Stein, NRP
Protocol Administrator

Date: July 20, 2026

RE: Protocol Clarifications and Corrections

Please note the attached changes to the following sections of the *2026 Maryland Medical Protocols for EMS*:

- **ALS Pharmacology – Labetalol Hydrochloride (11.25):** The diastolic blood pressure threshold to treat patients with hypertensive disorders in pregnancy was incorrectly listed as 105 mmHg, and has been corrected to 110 mmHg. The medical consultation requirements were reworded for clarity.
- **Patient-Initiated Refusal of EMS (2.6):** Based on clinician feedback, the form was modified for clarity. The double negatives in questions 6-9 were eliminated and shaded boxes were added to indicate which answers require transport or consultations.

These changes have already been made to the online and print versions of the 2026 EMS Protocols on the MIEMSS website.

The Patient-Initiated Refusal of EMS form will also be revised in eMEDS today to reflect the changes.

The iOS and Android EMS Protocols apps have been updated. For all devices that have automatic updates enabled, these updates will occur automatically. If the updates fail to load, or you require a manual update for any reason, please use the direct App and Google Store links for both platforms available on the Protocol App webpage at <https://www.miemss.org/home/Clinicians/EMS-Protocols-App>.

For any questions regarding this memo, please contact us by email (tchizmar@miemss.org or mstein@miemss.org).