



# The Right Care When It Counts Maryland EMSC 2012 Program



The Maryland EMS for Children program is **In Search Of** children and youth in Maryland who have demonstrated one of the 10 Steps to Take in an Emergency or one of the 10 Ways to be Better Prepared for an Emergency. Actions taking place January 1, 2011 through December 31, 2011 are eligible for nomination. We will be recognizing children and youth who acted so that others would receive "The Right Care When It Counts." Each nominee will receive a patch and certificate and be eligible for a state award at a ceremony during EMS Week 2012.

## Ten ways to be better prepared if your child has an Emergency:

1. Check if 9-1-1 is the right number to call
2. Keep a well-stocked First Aid Kit on hand
3. Make a list of Emergency Phone Numbers
4. Teach your children whom to call and what to say
5. Make sure your house number is visible from the street
6. Keep a clear and up-to-date record of immunizations
7. Write down medical conditions, medications, and dosages
8. Make a list of allergies and reactions
9. If you have health insurance, check your emergency coverage
10. Take first aid classes

## Ten steps to take in an Emergency:

1. Call 9-1-1 immediately
2. Call Poison Control immediately
3. If you think your child has been seriously injured, do not move your child
4. Know how to treat your child in case of a burn
5. Be prepared if your child has a seizure
6. Know what to do if your child is bleeding
7. Know how to help a child with a broken bone
8. Do not administer the Heimlich maneuver or CPR unless you are trained
9. Have your emergency plan on hand
10. Make it easy for emergency personnel to find you

**NOMINATIONS MUST BE RECEIVED AT MIEMSS BY April 6th, 2012.**

Mail to: Jim Brown, MIEMSS, 653 W. Pratt St., Baltimore, MD 21201-1536  
or FAX to: Jim Brown, 410-706-3485.

Please submit questions regarding the nomination process to [info@miemss.org](mailto:info@miemss.org)

