



MARYLAND CRITICAL INCIDENT STRESS MANAGEMENT TEAM

*If you've experienced a difficult or troubling call and would like to talk to a CISM team member, call us through the EMRC/SYSCOM at 1800-648-3001. Our trained and experienced team is made up of both peer and licensed mental health professions who are prepared to assist you with dealing with the normal reactions experienced following difficult or stressful incidents. **ALL discussions with the team are voluntary and confidential.***

CISM

- Critical Incident Stress Management seeks to assist responders in dealing with the stress of difficult responses (normal response to abnormal events).
- The state network of CISM personnel is made up of both peer and licensed mental health volunteers who have been trained in CISM response.
- All discussions with CISM personnel regarding a CISM response are voluntary and confidential.
- All Maryland providers have access to CISM support. Access to support can be made 24/7 though SYSCOM by calling 1-800-648-3001. (Some departments have their internal teams; follow local protocol for access to these teams).
- A request for CISM services can come directly from individual responders, coworkers, supervisors, and others who see a negative effect on an individual or crew.



Access to Maryland State CISM Network
1-800-648-3001